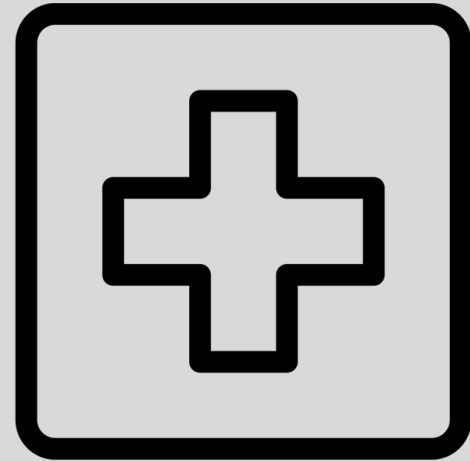


FACTORS IN ADDICTION

STUDENT ACTIVITIES



Lessons in Mental Health



Lessons in Mental Health

- Use this presentation as is, or view the Canva link for a fully modifiable template.
- Link: [Factors in Addiction](#)
- Link: [Partner Activity Student Reference Guide](#)
- PDF: [Partner Activity Student Reference Guide](#)
- Link: [Individual Activity Student Reference Guide](#)
- PDF: [Individual Activity Student Reference Guide](#)
- Canva is FREE for all teachers.
- You are welcome to download and use this resource for your personal and classroom needs. However, any redistribution, whether free or paid, or unauthorized publication online is strictly prohibited.

TODAY WE WILL....

- Explore the many factors that contribute to addiction
- Work with a partner to analyze real-life case studies
- Identify patterns and connections between risk factors
- Show how risk factors shape a person's life through story

SUBSTANCE ABUSE

Substance abuse is a complex issue with a variety of contributing factors. In these activities, you will be analyzing five case studies of individuals struggling with substance abuse and writing a story of addiction.



Factors In Addiction

Partner Activity

FACTORS IN ADDICTION

Using the worksheet provided in class, analyze the five case studies below with a partner and identify which factors apply. Fill in the blanks with the letters of contributing factors. Turn in your completed worksheets.

- ✓ Easy Access
- ✓ Lack of Support
- ✓ Abuse
- ✓ Poverty
- ✓ Lack of resources
- ✓ Early exposure
- ✓ Family history
- ✓ Mental health conditions
- ✓ Peer pressure
- ✓ Trauma



Factors In Addiction

Individual Activity



A STORY OF ADDICTION

In this project, your task is to create a short story about an individual dealing with addiction.

Remember, behind every person with an addiction, there's a unique story.

Your story should explore at least two contributing factors to addiction and illustrate how these factors interact to shape the person's struggle.

STORY DETAILS

- ✓ Reflect on the different factors of addiction and create a storyline that encompasses at least two factors.
- ✓ Create a “book cover” for your story using Canva.
- ✓ Search for “book cover” in templates.
- ✓ Design your book cover to reflect your story.
- ✓ Add a page within the same document and write your story.
- ✓ How do the factors contribute to addiction?
- ✓ How are the factors connected with one another?
- ✓ Write your story in paragraph format. Min 500 words



Turning In Your Activities

GROUP ACTIVITY:

A class discussion will be held, and participation will be evaluated.



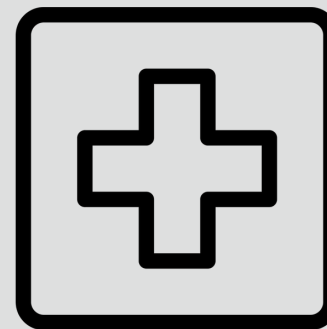
INDIVIDUAL ACTIVITY:

Download your completed story as a PDF and upload it online to:
A Story Of Addiction

LEAD WITH COMPASSION, EDUCATE WITH PURPOSE.

Until our next lesson

Visit [Lessons in Mental Health](#) for more FREE lessons and activities that support Mental Health Education.



Lessons in Mental Health