

# FACTORS IN ADDICTION

## STUDENT ACTIVITIES





## Lessons in Mental Health

- Use this presentation as is, or view the Canva link for a fully modifiable template.
- Link: [Factors in Addiction](#)
- Link: [Partner Activity Student Reference Guide](#)
- PDF: [Partner Activity Student Reference Guide](#)
- Link: [Individual Activity Student Reference Guide](#)
- PDF: [Individual Activity Student Reference Guide](#)
- Canva is FREE for all teachers.
- You are welcome to download and use this resource for your personal and classroom needs. However, any redistribution, whether free or paid, or unauthorized publication online is strictly prohibited.

# TODAY WE WILL....

- Explore the many factors that contribute to addiction
- Work with a partner to analyze real-life case studies
- Identify patterns and connections between risk factors
- Show how risk factors shape a person's life through story

# SUBSTANCE ABUSE

Substance abuse is a complex issue with a variety of contributing factors. In these activities, you will be analyzing five case studies of individuals struggling with substance abuse and writing a story of addiction.



# **Factors In Addiction**

Partner Activity

# FACTORS IN ADDICTION

Using the worksheet provided in class, analyze the five case studies below with a partner and identify which factors apply. Fill in the blanks with the letters of contributing factors. Turn in your completed worksheets.

- ✓ Easy Access
- ✓ Lack of Support
- ✓ Abuse
- ✓ Poverty
- ✓ Lack of resources
- ✓ Early exposure
- ✓ Family history
- ✓ Mental health conditions
- ✓ Peer pressure
- ✓ Trauma



# **Factors In Addiction**

Individual Activity



## A STORY OF ADDICTION

In this project, your task is to create a short story about an individual dealing with addiction.

Remember, behind every person with an addiction, there's a unique story.

Your story should explore at least two contributing factors to addiction and illustrate how these factors interact to shape the person's struggle.

# STORY DETAILS

- ✔ Reflect on the different factors of addiction and create a storyline that encompasses at least two factors.
- ✔ Create a “book cover” for your story using Canva.
- ✔ Search for “book cover” in templates.
- ✔ Design your book cover to reflect your story.
- ✔ Add a page within the same document and write your story.
- ✔ How do the factors contribute to addiction?
- ✔ How are the factors connected with one another?
- ✔ Write your story in paragraph format. Min 500 words



# Turning In Your Activities

## GROUP ACTIVITY:

A class discussion will be held, and participation will be evaluated.



## INDIVIDUAL ACTIVITY:

Download your completed story as a PDF and upload it online to: [A Story Of Addiction](#)

LEAD WITH COMPASSION, EDUCATE WITH PURPOSE.

*Until our next lesson*

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